

October 17th through 19th

Monday – Friday

(No swimming on Saturdays until we get back to Watermania)

Youth Fitness (at Steveston)

Activation: 3:45pm to 4:00pm

Water time: 4:00pm – 4:45pm

AGD 1 & 2 (at Steveston)

Activation: 3:45pm-4:00pm

Water time: 4:00pm-4:45pm

RD 1, 2, 3 (at Steveston)

Activation: 4:30pm-4:45pm

Water time: 4:45pm-5:30pm

PAG 1 & 2 (at Steveston)

Activation: 5:15pm-5:30pm

Water time: 5:30pm-6:30pm

National Development (at Steveston)

Dryland: 6:15pm-6:30pm

Water time: 6:30pm-7:30pm

Sr. Prov (at Steveston)

Dryland: 6:15pm-6:30pm

Water time: 6:30pm-7:30pm

I will be attempting to find increased pool space for our training starting Monday Oct 22nd
I will publish an updated practice schedule for Oct 22nd through Oct 26th on Saturday Oct 20th